

# **ST. LAZARUS SCHOOL**

**Nairobi, Kenya**



## **Care for Children with HIV/AIDS**

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St. Lazarus Bankverbindung:  
Co-Operative Bank of Kenia  
Account Number: 0110003573100  
Swift Code: KCOOKENA



**MINISTRY OF GENDER, SPORTS, CULTURE & SOCIAL SERVICES**

Department of Social Services  
Nairobi Province  
P. O. Box 20430 - 00200  
NAIROBI

Date **23 JULY 2007**

**Certificate of Self Help  
Group / Organisation  
NAIROBI PROVINCE**

*This is to Certify that:-*

..... **ST. LAZARUS COMMUNITY SELF HELP GROUP** .....

*Sub-Location/Ward:-* **KAYOLE** .....

*Location:* **KAYOLE** ..... *Division:* **EMBAKASI** .....

*Is registered with the office of the Provincial Director of Social Services, Nairobi Province as a Self - Help Group/Organisation. This certificate entitles the Group to engage in Social Development Activities under the supervision of Provincial Director of Social Services, Nairobi.*

(MUTEA RUKWARU)

.....  
*Provincial Director of Social Services  
Nairobi Province*



\*Serial Number

**15046**

Facsimile

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MUTEA RUKWARU

Prov Director of Social Services  
Nairobi Province

Serial Number 15046

PROJECT DESCRIPTION FOR THE PROVISION OF HIV/AIDS ORPHANS IN  
THE SOWETO SLUMS, NAIROBI IN KENIA WITH EDUCATION, CARE AND  
SUPPORT

TITLE OF THE PROJECT: COMMUNITY SCHOOL FOR HIV/AIDS  
ORPHANS AND ENDANGERED CHILDREN

LOCATION OF THE PROJECT: KAYOLE ESTATE, SOWETO SLUMS,  
NAIROBI IN KENIA

RESPONSIBLE GROUP: ST. LAZARUS COMMUNITY SELF-HELP GROUP

PERIOD FOR THE DEVELOPMENT: 2 – 5 JAHRE

ETAT: 86.107 USD or 5.501.150 KSHS

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BANK CONNECTION: CO-OPERATIVE BANK OF KENIA  
CO-OP HOUSE BRANCH  
ST: LAZARUS COMMUNITY SELF HELP GROUP  
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## **EXECUTIVE SUMMARY**

The St. Lazarus Community Self-Help Group is a registered community development organisation which was started with the desire to show God's love in action to needy, vulnerable and HIV/AIDS -orphaned children.

The St. Lazarus Community Self-Help Group is situated about 20kms outside the capital city of Kenya, Nairobi, in a slum called Soweto in Kayole Estate. In 2005 the St. Lazarus Community Self-Help Group extended its alms by establishing an educational institution to provide basic primary education to the needy children in the slums. The school is currently taking care of 240 children in a rental house in the slums.

The children lack basic necessities of life (love, shelter, food and education) and this project is considered to be a means through which their ambitions, desires, anticipations and dreams will be restored.

So far the project has struggled to be where it is today through meager resources and the continuous admission of more and more children with needs burgeoning and straining the current resources. Needs-assessment is done to determine the desideratum (wishes) of every child in order to group them. The children will get access to education, food, sports and better health care. The system of education in the school will be offered in adherence with the government's approved curriculum.

For the above to be implemented, the board and management of the Community Self-Help Group have the desire to expand the school holistically by doing the following:

- Buying a bigger piece of land to accommodate the ever-increasing number of children
- Hiring permanent teaching staff and non-skilled staff
- Creating a children's home has also been considered

It is in this frame of reference that the St. Lazarus Community Self-Help Group is appealing to donors for Kshs. 5,026,000 (USD 76 000). St. Lazarus Academy has previously partnered with World Vision through its locally based branch in the Kayole Estate by funding several children in

the academy. Other individuals and part of the committee members have equally been touched with the plight of the needy children and generously contributed to be a source of strength to the children. St. Lazarus Academy has unborn and ultimate ideas of funding the school in the future. It has thought of setting up small income-generating projects like poultry farming. Together with other local NGO's, it would organize fund-raising activities in the community through marathons, walks, and clean-up exercises. It believes through that it will get the business fraternity into sponsoring such events to aid the needy children in the academy.

The St. Lazarus Community Self-Help Group is comprised of 5 committee members. The school so far has served 353 needy children between 2005 and now. Due to the one fact that these children do not have the same kind of living conditions as the rest of the average children, St. Lazarus Academy decided to be offering counseling to the children to try to make them feel at home and loved.

The project will be carried out in phases and will be monitored and evaluated. There is expertise available to do the monitoring and evaluation and send the reports to donors, but also St. Lazarus Academy welcomes the idea of external monitoring and evaluating officers from the funding organisation and individuals. This is to ensure there is transparency in the whole process.

## **STATEMENT OF NEED**

The UN Charter of Children's Rights states that by 2010 one third of Africa's children will be orphaned. HIV/AIDS is ranked as the highest tragic cause of orphan children. In Africa alone there are about 16 million children under the age of 15 who are orphans. If the figure is narrowed down to Kenya and precisely Nairobi, the figure stands at 1.8 million, posing a great challenge to the government of the day and NGO's affiliated with children. If HIV/AIDS preventive measures are not accentuated then the number of orphan children in Nairobi and in Kenya as a whole will continue to increase.

As a whole, the survey released on National Literacy Day by the Adult Education Commission in Kenya puts 7.8 million children illiterate and the vast number of these spread out in the slums of Kenya which are mainly in the capital city, Nairobi.

This shows the magnitude of need to support these children actually at a faster rate than before. There is a need to take care of these children and to ensure they earn same kind of life a normal child would have. Local NGO's in Nairobi are trying to address the problem, but due to their structures they operate on a broader scale; therefore getting down completely to the core of the problem is quite difficult due to the bureaucracy involved and the mismanagement of funds.

Community-Based Child Care Centers (CBCC) like the St. Lazarus Community Self-Help Group are the most efficient and effective channels to be used in addressing the plight of vulnerable, destitute and orphaned children. This is because they are operating from the grass-roots level; thus living with them, eating with them, having a one-to-one relationship with the children and understanding their needs better.

The approach of the St. Lazarus Community Self-Help Group to tackling this problem is quite unique from others in that St. Lazarus Academy is not only housing them, but feeding and even educating them for a brighter future at the same time.

In addition, through the Community Environment and Sanitation Programme (CES-P) that the Self-Help Group organizes together with the children in the community a different picture is painted within the society because earlier the children were disregarded by the community and at times killed (mob justice) because of the villainous activities they indulged in e.g. stealing, dealing with drugs and mugging people. Consequently, through the partnership with World Vision the Self-Help Group has been able to come up with an initiative of Community Health Improvement (CHI) in the Soweto slums by organizing medical camps to create awareness on health matters e.g. reproductive health, HIV/AIDS, Prevention from Mother to Child Therapy (PCMT) and ways of providing Home-Based Care to People Living With HIV/AIDS (PLWHA's).

## **PROJECT DESCRIPTION**

The project will take place in the Kayole-Soweto slums. The living conditions generally are poor coupled by a lack of proper education due to congestion in public government schools. Poor sanitation, housing systems, low economic power and unemployment characterize the Soweto slums. The majority of the residents depend on casual jobs from the factories which are relatively

low paying. Others indulge in small scale businesses. This kind of environment offers few positive social opportunities for children living in these areas. In addition, land and other recreational facilities are limited.

With all in this in mind the St. Lazarus Community Self -Help Group has taken a stand for these children and offered an alternative place to call home; therefore the Self-Help Group is striving to make the place better for them. Thus the need to implement the previously mentioned projects.

In connection with the above the St. Lazarus Self-Help Group has identified achievable and workable goals and objectives to act as a guide in implementing the projects.

### **Goals**

The project will be working with a goal of improving access to education, welfare and health for HIV/AIDS orphans as well as for destitute and vulnerable children during their growth.

### **Objectives**

The St. Lazarus Self-Help Group is focusing on improving the welfare of orphans and vulnerable children in the Kayole-Soweto slums through the following specific, measurable, achievable, realistic and time-bound objectives:

- To provide psycho-social development of the children through counseling during their years of study
- To provide quality primary education through the expansion of the already existing inapt structures
- To provide food, shelter, care and support of the children through the improvement of the shelters available and an establishment of a school feeding program.
- To provide good health by ensuring the children eat a well-balanced diet and have access to better health facilities.

Within the context of the above objectives and goals the project will run for two years, admission of orphans and vulnerable children will be done annually at the beginning of the year. Needs assessment will be conducted and then the children will be grouped according to priorities in relation to their needs and educational requirements.



The project will also aim at sensitizing the children and the community at large in the care and management of HIV/AIDS victims in terms of therapy and campaigns through workshops and also at creating awareness about the need to stop the spread of the same.

The St. Lazarus Community Self-Help Group will employ project staff to carry out the projects. This is to ensure that they will be carried out with the appropriate skill for the purposes of achieving quality. The projects will include project managers, teaching staff, hired personnel with knowledge on counseling, HIV/AIDS therapy, government officers, monitoring and evaluating officers and lastly non-skilled personnel to carry out the day to day chores in the academy.

The following is a framework of activities that will take place within the two years of implementing the projects:

<b>Activities</b>	<b>How (Methodology)</b>	<b>By Whom (Implementor)</b>
Construction of classrooms and general infrastructure of the academy	Buying of a bigger piece of land and building materials, evaluation by the ministry of lands and the ministry of education	Project Manager, building contractor and supervisors and internal M&E officers
School feeding program	Ensure that food for the children and teaching staff is purchased for every term (4 months) so that the children can learn consistently without absence of meals	The school management committee and Kitchen staff
Health and environment-related issues	Organize workshops on HIV/AIDS, management and therapy of HIV/AIDS, Prevention from Mother to Child Therapy (PMCT), Sensitization on reproductive health issues, clean up exercises in the slums	The St. Lazarus Self-Help Group in conjunction with World Vision and Ministry of Health
Monitoring and evaluation	Quarterly and after every phase of the project. Reports to be sent to the donors	Project Manager, internal and external monitoring and evaluating officers

The St. Lazarus Self-Help Group is comprised of professionals, who are qualified to run the project. And with supplementary hired expertise it will ensure the successful accomplishment of the project. Some of the personnel will be operating on a part-time basis, while others will carry on full-time. There will also be consultants hired to provide expertise on planning and constructing the classrooms. The order in which the activities have been aligned is set to cover the planned time schedule.

## **MONITORING AND EVALUATION**

Donors will be responsible for the external monitoring of the project through management meetings with the implementing personnel and the project manager. The St. Lazarus committee will be involved in designing activities in the presence of the monitoring and evaluation officers. Community members will be invited on a monthly basis to provide their input.

The following areas will be a key for monitoring and evaluation:

- Quality of education after the completion of the expansion of the school and construction.
- Level of awareness on HIV/AIDS issues after the workshops that will be organized.
- The nutrition and well-being of the children and consistency in the supply of food after the release of the funding.

Professionals will be hired to do the monitoring and evaluation of the projects and auditing of the school's financial status.

## **SUSTAINABILITY**

Partnership with local NGO's and government offices will be established to ensure that there are strategies for empowering the St. Lazarus Community Self-Help Group to initiate community based programs.

### **a) Financial sustainability**

This will be ensured through the income-generating activities mentioned earlier in this proposal. I.e. the introduction of poultry farming, organizing marathons and walks confined to the Kayole-Soweto environment and looking for sponsors to fund them. In the event that the school would grow tremendously, parents who would want to take their children to a school with better quality education than public government funded schools would be asked to enroll in St. Lazarus Academy at a fee agreed upon and set by the school committee members.

### **b) Technical Sustainability**

The management of St. Lazarus Academy will take the responsibility of providing technical input into this project after the donor funding ends. It will do this by employing local

community members to provide skilled and non-skilled input into the project, thus making it their own. They have the skills, competence and materials to continue to sustain the project.

### **c) Managerial Sustainability**

Organizational and managerial input will be insured through the school committee and the partners in this endeavor. These two parties will plan and organize for the expansion of the project in the future.

## **BUDGET NARRATIVE**

The following is a list of the items that will be required in terms of their quantities and unit prices:

### **Land**

- ❖ 1 acre of land at the cost of 1.5 million Kshs

### **Construction Materials**

- ❖ 7 lorries of stones at the cost of 10,500 Kshs each
- ❖ 8 lorries of sand at 7 tons each at the cost of 9,500 Kshs each
- ❖ 4 lorries of ballast at 7 tons each at the cost of 11,000 Kshs
- ❖ 130 bags of cement at the cost of 700 Kshs per bag
- ❖ 80 iron sheets of 2m each at the cost of 410 Kshs per iron sheet
- ❖ 5 cans of paint at 20 liters each at a cost of 2700 Kshs each
- ❖ 300ft of timber at the cost of 18 Kshs per ft
- ❖ 150kg of nails at the cost of 80 Kshs per kg
- ❖ Water will be fetched from a local community river

### **Learning Materials**

- ❖ 3 computers at the cost of 53,000 Kshs each
- ❖ 4 office tables at the cost of 5,500 Kshs each
- ❖ 4 office chairs at the cost of 1,200 Kshs each
- ❖ 200 desks and 200 chairs at the cost of 550 Kshs and 250 Kshs each
- \* Textbooks for different classes & numbers of students for 200,000 Kshs
- \* Stationery (rulers, pens, chalk, teaching aids etc.) for 150,000 Kshs

**Food (bought on 3 months basis)**

- ❖ 20 bags of beans each of 90kg each at the cost of 1800 Kshs per bag
- ❖ 20 bags of rice each of 90kg each at the cost of 3600 Kshs per bag
- ❖ Vegetables bought for a period of 90 days at the cost of 1,500 Kshs daily
- ❖ 20 bags of maize flour each of 90kg at the cost of 1,300 Kshs per bag
- ❖ 10kg of iodine salt at the cost of 25 Kshs
- ❖ 50kg of beef bought every 4 days at the cost of 130 Kshs per kg
- ❖ Fruits bought for one week at the cost of 8,000 Kshs

**Human resources**

- ❖ Project Manager to be employed at a cost of 21,000 Kshs per month
- ❖ 8 teachers at the cost of 8,500 Kshs per month for 2 years
- ❖ 3 social workers (counsellors) hired monthly at a cost of 9,000 Kshs per session for 1 year (1 is already available - see appendices for certificate)
- ❖ Building contractor and architect at the cost of 10,000 Kshs per month for 7 months
- ❖ 6 masons hired on a daily basis at the cost of 600 Kshs per day for a period of 150 days
- ❖ 1 secretary employed at the cost of 5,500 Kshs for 1 year
- ❖ 1 monitoring and evaluation officer consulted after 3 months for 2 years at a cost of 9,500 Kshs
- ❖ 2 cooks employed at the cost of 4,500 Kshs per month for 2 years
- ❖ Surveyor hired once at the cost of 18,000 Kshs

**Workshops**

- ❖ The approximate sum for the health workshops that would be conducted is 200,000 Kshs.

## BUDGET

Quantity	Item	Cost per Unit (In Kshs)	Subtotal	Total	In USD
1	Acre of land	1,500,000	1,500,000	1,250,000	
7	Lorries of stones	10,500	73,500	73500	
8	7 tonne lorries of sand	9,500	66,500	66500	
4	7 tonne lorries of ballast	11,000	44,000	44,000	
130	Bags of cement	700	91,000	91,000	
80	Iron sheets of 2 M. each	410	32,800	32,800	
5	20 liter cans of paint	2700	13,500	13,500	
3000	Feet of timber	18	54,000	54,000	
150	Kg of nails	80	12,000	12,000	
3	Computers	40,000	120,000	120,000	
4	Office tables	5,500	22,000	22,000	
4	Office chairs	1,200	4,800	4,800	
200	School desks	550	110,000	110,000	
200	School chairs	250	50,000	50,000	
	Textbooks	200,000	200,000	200,000	
	Stationery	150,000	150,000		
20	90kg bag of beans	2700	54,000	54,000	
20	90kg bag of rice	3600	72,000	72,000	
90 days	Vegetables	1,500 daily	135,000	135,000	
20	90kg bag of maize flour	1,300	26,000	26,000	
10	Kg of iodine salt	25	250	250	
104weeks	50kg beef	130	676,000	676,000	
104weeks	Fruits	4000	416,000	416,000	
1	Project Manager	21,000 for 24mths	504,000	504,000	
8	Teachers	6,500 for 24 months	1,216,000	1,248,000	
3	Social workers	6,000 for 12months	216,000	216,000	
1	Building Contractor/Architect	10,000 for 7 months	70,000	70,000	
6	Masons	450 for 150 days	405,000	405,000	

1	Secretary	5,500 for 12 months	66,000	66000	
1	Monitoring and Evaluation officer	8 times for 9,500	76,000	76,000	
2	Cooks	4,500 for 24months	216,000	216,000	
	Miscellaneous		150,000	150,000	
	Total		5,501,150	5,501,150	

Kshs =82,107 USD

## APPENDICES



Some of the children taking a pose for a photo during their break.



One of the upper classes in school year 2008 -2009.



An unfinished classroom.





All the pupils behind the school.



A third class.





A mathematics class.



The St. Lazarus nursery school.





Some of the pupils on a trip within the Soweto slums.



Some of the polluted rivers in the slum posing a health hazard to the community.